

pilot club of tallahassee – friendship & service – since 1935

events

- aug 11 **Board Meeting**
6pm Regions Bank
- aug 18 **Monthly Meeting**
6pm Regions Bank
- sept 8 **Board Meeting**
6pm Regions Bank
- sept 15 **Monthly Meeting**
6pm Regions Bank-Official Visit by Pat Furr, NW Lt. Governor
- sept 29 **Pilot Social**
6pm Regions Bank
- oct 10-12 **Fall Council**
Lake Mary Marriott, Lake Mary FL
- oct 13 **Board Meeting**
6pm Regions Bank
- oct 18 **Founder's Day**
Monthly meeting to be held this day
- oct 25 **Anchor Meet & Greet**
10am-12pm Regions Bank

club notables

| | |
|---------------------------------|-------------------------|
| <i>Agatha Muse-Salters</i> | President |
| <i>Bridget Dervish-Gonzalez</i> | President-Elect |
| <i>Claire Mikko</i> | Secretary |
| <i>Jane Furlong</i> | Treasurer |
| <i>Belinda Mizell</i> | Director/Past President |
| <i>Karol Schneider</i> | Director |
| <i>Carol Wolfe</i> | Director |
| <i>Pam Manley</i> | Editor |

Contact Agatha Muse-Salters, President at:
(850) 545-3092 or museag@hotmail.com

Meetings are held each 3rd Monday at 6:00 p.m. at the Regions Bank on Centerville Road. Our focus is on brain related disorders, brain safety, youth projects and Pilot scholarship houses.



visit us on the web at:

www.tallahasseepilot.org

about

international news

PI/PIF Annual Convention 2008

By
Agatha
Muse-Salters



The 2008 Pilot International Convention was held July 8 – 11, 2008 in Phoenix, Arizona. We were inspired by President Judy Breaud's theme this Pilot Year to Catch the Pilot Spirit. The Convention was the culmination and celebration of the Pilot spirit that has been spread throughout the world byway of all the Pilot Clubs.

Tuesday, July 8

Workshops were offered throughout the day. Tuesday night we were caught up in the spirit at the annual opening ceremony. The flag ceremony was a spectacular event. It was written and narrated by Jennifer Mundy, 2007-2008 Governor, NE Potomac District and Arla Sedlacek, 2007-2008 Governor, Midwest District. After the presentation of the flags, Pilots and guests were entertained by three (3) wonderful Indian Dancers



Continued on page 3...

president's corner

First, I want to thank you once again for electing me to the position as your President. Being your President is an honor and indeed a privilege that I will not take lightly.

Second, I want to also thank you for allowing me to represent you at this year's Pilot International Convention that was held in Phoenix, AZ. It was a trip that I will not forget. My flights were cancelled, I spent the night in Las Vegas at the airport, and my luggage got sent to Miami, FL. It took me a day and a half to get there, but it turned out to be an exciting convention.

I cannot believe that this is the beginning of our new Pilot Year. I would like to thank my friend Bea for leading and guiding us this past year. President Judy Breaud's theme this last Pilot year was Catch the Pilot Spirit. Bea is truly an example of the Pilot that President Judy wanted us to be. She is dedicated to Pilot because she loves the organization and our Club. This makes Bea's fourth time being our President. Bea is very spirited because she believes in having FUN. She has taught me to know that when you have fun you get more accomplished for the organization. Thank you my friend for a job well done. I only hope I can be half the leader that you have been for the Club.

A new beginning always helps us to start with a clean slate and have a fresh start. As we enter into this New Year, I promise you first and foremost my guide and operating principle in anything that I do for the Pilot Club of Tallahassee will be our *Code of Ethics*. It is just what it says an ethical code by which we as Pilots should live. I ask you also to always consider the Code of Ethics when dealing with Pilots and conducting projects and programs for our community.

The 2008-2009 PI President Debbie Archer's theme is "Friendship And Service Around the World" and Governor Joyce Centrella's theme for the Florida District is "Pilots Touching The World". With those two themes in mind, let us always remember to spread the friendship and service to everyone that we meet throughout Tallahassee and touch the ones that have brain related disorders by providing meaningful projects.

In Pilot Friendship & Service,

Agatha

The best way to find yourself is to lose yourself in the service of others.

-- Mohandas Karamchand Gandhi --



birthday celebrations!

July & Aug 2008

| | |
|----------------------|-----------------|
| aug 4 th | Carol Wolfe |
| aug 9 th | Lucretia Thomas |
| aug 20 th | Bea Mizell |
| aug 27 th | Betty Jane Ebel |
| aug 27 th | May Peabody |

don't forget...

Local dues are \$30 per quarter

GoodSearch

We've raised **\$151.35** so far!
Keep searching! And don't forget to **GoodShop** too!!



florida district news

Fall Council

October 10-12, 2008
Lake Mary Marriott
Lake Mary, Florida

brainminders

Don't forget to check out the latest information for BrainMinders on the web at:

<http://pilotinternational.org/html/foundation/brainMinders2.shtml>

scholarship house

Don't forget the girls at the scholarship house! They will be returning in August and will be in need of:

Soap, toilet paper, toiletries, cleaning supplies, etc.

new clue to alzheimer's found

submitted by Yvonne Hale
written by RANDOLPH E. SCHMID

WASHINGTON (June 22) - Researchers have uncovered a new clue to the cause of Alzheimer's disease.

The brains of people with the memory-robbing form of dementia are cluttered with a plaque made up of beta-amyloid, a sticky protein. But there long has been a question whether this is a cause of the disease or a side effect. Also involved are tangles of a protein called tau; some scientists suspect this is the cause.

Now, researchers have caused Alzheimer's symptoms in rats by injecting them with one particular form of beta-amyloid. Injections with other forms of beta-amyloid did not cause illness, which may explain why some people have beta-amyloid plaque in their brains but do not show disease symptoms.

The findings by a team led by Dr. Ganesh M. Shankar and Dr. Dennis J. Selkoe of Harvard Medical School were reported in Sunday's online edition of the journal Nature Medicine.

The researchers used extracts from the brains of people who donated their bodies to medicine.

Forms of soluble beta-amyloid containing different numbers of molecules, as well as insoluble cores of the brain plaque, were injected into the brains of rats. There was no detectable effect from the insoluble plaque or the soluble one-molecule or three-molecule forms, the researchers found.

But the two-molecule form of soluble beta-amyloid produced characteristics of Alzheimer's in the rats, they reported.

Those rats had impaired memory function, especially for newly learned behaviors. Studies were also done on mice and when their brains were inspected, the density brain cells were reduced by 47 percent. The beta-amyloid

seemed to affect synapses, the connections between cells that are essential for communication between them.

The research, for the first time, showed the effect of a particular type of beta-amyloid in the brain, said Dr. Marcelle Morrison-Bogorad, director of the division of neuroscience at the National Institute on Aging, which helped fund the research.

It was surprising that only one of the three types had an effect, she said in a telephone interview.

Morrison-Bogorad said the findings may help explain the discovery of plaque in the brains of people who do not develop dementia. For some time, doctors have wondered why they find some brains in autopsy that are heavily coated with beta-amyloid, but the person did not have Alzheimer's.

The answer may lie in the two types of beta-amyloid that did not cause symptoms.

Now, the question is why one has the damaging effect and not others.

"A lot of work needs to be done," Morrison-Bogorad said. "Nature keeps sending us down paths that look straight at the beginning, but there are a lot of curves before we get to the end."

Dr. Richard J. Hodes, director of the National Institute on Aging, said that "while more research is needed to replicate and extend these findings, this study has put yet one more piece into place in the puzzle that is Alzheimer's."

In addition to the Institute on Aging, the research was funded by Science Foundation Ireland, Wellcome Trust, the McKnight and Ellison foundations and the Lefler Small Grant Fund.

report from convention continued...

Wednesday, July 9

The morning kicked off the convention meetings. All club delegates representing the Pilot Clubs around the world conducted the business of Pilot International.

Registration Report (These numbers represent the final report.)
Countries Represented 4

Voting Body

| | |
|--|------------|
| Pilot Club Delegates | 339 |
| Board of Directors Delegates | 30 |
| Past International Presidents (Not Serving as Club Delegates) | 16 |
| Total Voting Strength | 385 |

| | |
|--------------|-----|
| Other Pilots | 482 |
|--------------|-----|

| | |
|-----------------------------------|--------------|
| Co-Pilots | 62 |
| Anchors | 64 |
| Navigators | 9 |
| Non-Pilot Visitors | 90 |
| Headquarters Staff | 11 |
| Total Non-Voting Attendees | 718 |
| Total Registered | 1,103 |

The morning business session consisted of the approval of the convention rules, approval of the business agenda, State of the Organization Report given by President Judy Bread and Peggy Davidson Nominating Committee Report, and the Nominee Forum. After a break, the morning session continued with a tribute to Betty Amsbaugh, 1982-1983 International President. The nominees for International Office presented their Vision statements and the voting delegates casted their votes after the non-voting delegates were dismissed.

During lunch, the various District meetings were held by the Governors of each district. Governor Joyce Centrella introduced all the Past Governors. There were seven (7) attending the Convention. Governor Joyce announced the plans for Fall Council. Fall Council will be held October 10-12, 2008 at Lake Mary Marriot in Orlando, Florida. The theme is Pajama Party – Twas the Night Before Christmas. Governor Joyce announced that the DEC will be presenting a standing rule change to be voted on at Fall Council. All Clubs will need to send the number of delegates that they will have for the District Convention.

The convention business meeting reconvened at 2:00 p.m. The first order of business was the changes to the Bylaws



and the 2008-2009 Proposed Budget. The following Bylaw amendments were proposed:

ARTICLE V, Charter

Section 1. Chartered Clubs The Executive Committee of Pilot International will oversee the organization of new clubs and grant charters. A minimum number of 15 members will be required for a new club.

Amendment Passed

ARTICLE VII, Membership

Section 2. Types of Membership.

b. Privileged. Privileged membership may be granted by the Executive Board to a Pilot who is unable to participate in Club activities because of health, business or extenuating circumstances. Privileged members are not eligible for appointed or elected office; they may vote when

in attendance. Amount of dues will be determined by the club and must include District and International dues.

Amendment Passed

Report From Committee

Article VII, Membership

Section 2. Types of Membership, g. "Provisional Membership.

Provisional Membership may be granted to an Anchor member upon graduation and/or to a Pilot Scholarship recipient. This status may be in effect for up to six years as long as the form Anchor is a student, and as long as the Scholarship recipient is a student and receives financial support from Pilot. A Provisional Member will not be required to pay international, district or club dues. A Provisional Member cannot hold appointed or elected office, or have voting privileges, and will have no attendance requirements." The underlined items are the changes. **Amendment passed with one change - from high school was taken out.**

PI Treasurer Beverly Wilkes presented the 2008-2009 proposed budget. The budget was approved by the voting delegates.

Report of Election Committee

| 188 Needed To Be Elected | | 1st | 2nd |
|---------------------------------|------------------------|-----------------------|-----------------------|
| PI Secretary | Linda Covington | 272 | |
| | Danny Reesor | 100 | |
| PI Director | Shelia Evans | 113 | |
| | Pat Kesler | 149 | 138 |
| | Judy Langley | 157 | 233 |
| | Nancy Rudnick | 68 | |
| | Helen Winstead | 238 | |

2008-2009 PI Officers

| | |
|------------------------------|--|
| PI President | Debbie Archer, Lucaya Club; Freeport Bahamas |
| PI President Elect | Pat Jarvis, Elberton GA |
| First Vice president | Susan Hoffman, Lenexa, KS |
| Second Vice President | Beverly Wilkes, Louisville Club, MS |
| Secretary | Linda Covington, Asheboro, NC |
| Treasurer | Mary Sue Stages, Main Street Club, Baler, LA |
| Director 2007-2009 | Kay Chandler, Decatur, AL |
| Director 2007-2009 | Ann Lovingood, Lucheon Club, Cheasapeake, VA |
| Director 2008-2010 | Judy Langley, Darlington, NC |
| Director 2008-2010 | Helen Winstead, Statesboro & Chatham County, GA |

Workshops were presented in the afternoon. As the PI Fundraising Coordinator, I had the pleasure of presenting the Fundraising Workshop. The Workshop was presented as a game show Deal or No Deal. Wednesday ended with the President's Black and White Masquerade Banquet.

Thursday, July 10

The annual PIF Walk and the Remembrance Celebration was held early that morning. The convention meetings and workshops continued throughout the day.

Friday, July 11

The Foundation recognition breakfast was held prior to the workshops. The Foundation annual meeting was held by the Board of Trustees. The Florida District received two Marie Newton Sepia Memorial Scholarships (\$1,000): Jody Martin – FSU Panama City & Eliana Millan – FSU Tallahassee. Grants: Pilot Club of FT Pierce (\$2,500) & Treasure Coast PC (\$5,000)

2009 PI Convention San Diego, CA July 7-10, 2009
2010 PI Convention Louisville, KY July 7-10, 2010

The convention ended with the Installation Banquet for the 2008-2009 PI Officers & Board of Trustees.

installation of officers



chamber of commerce datebook

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|--------|--|--------------------------------------|------|---|--------------------------------------|
| 7/10 | Business After Hours | SouthWood | 9/3 | New Member Reception | Tallahassee Chamber of Commerce |
| 8/8 to | 2008 Annual Chamber | Amelia Island | 9/11 | Business After Hours | Killearn Country Club & Inn |
| 8/10 | Community Conference | Plantation | 9/18 | Business Nuts & Bolts | Tallahassee/Leon County Civic Center |
| 8/19 | Professional Women's Forum | Tallahassee-Leon County Civic Center | | | |

