



THE DECK CHATTER

PILOT CLUB OF TALLAHASSEE, INC.

"FRIENDSHIP AND SERVICE "... SINCE 1935

Jane Furlong, President

Bridget Dervish-Gonzalez, President-Elect LaKecia Watson, Vice-President

Dene' Dixon, Secretary Lucretia S. Thomas, Treasurer

Yvonne Hale, Belinda Mizell, & Carol Wolfe, Directors

EDITOR: AGATHA MUSE-SALTERS

"BE A PILOT SPARK OF FIRE"

President's Corner



Where do I begin? Attending a Pilot International convention is always an inspiring experience, and I thank you all for sending me.

Before I left for Reno, I had written a draft of my first message to you, but I scrapped it when events at the convention provided me with an incredible example of what I wanted to say to you.

Out going PI President Jeannie Parson's favorite word is "awesome." I want to share with you a truly awesome event that occurred during the final business session. The past PI Presidents presented Jeannie with \$100 to purchase a brick in the heritage Garden in her honor, and the COED clubs donated \$750 to PIF in her honor. Then, Judy Vendrick, our Florida District Governor, asked to be recognized. She presented Jeannie with a \$50 check to PIF from the Florida DEC to buy a brick, and she challenged the other districts to match this donation.

Do you know the familiar campfire song that goes, "It only takes a spark to get a fire going, and soon all those around will warm up in its glowing?" As a result of this spark, other districts, clubs, former PI and district officers, and other individual Pilots responded to the challenge by spontaneously streaming forward to the podium to contribute a total of more than \$10,000 to the PIF endowment. The enthusiasm was contagious. Even the technical crew handling the audio and video of the proceedings took up a collection and contributed \$27. The head cameraman added \$100.

It was spine tingling to feel the electricity of the Pilot spirit and the outpouring of generosity in that room. As the momentum built, many Pilots were in tears. We can truly be proud of our Florida District officers for being the spark that initiated this awesome event.

Which brings me to the thought I originally wanted to share with you. If each

one of you would commit to being a spark, think what a fire of enthusiasm -- contagious enthusiasm -- we could start. There would be nothing that we have set out in our plans of work that we don't accomplish this year, and more. Wouldn't that be awesome?

Jane

Pilot Club of Tallahassee

Business Meeting

July 21, 2003

AGENDA

Call to Order Jane Furlong, President
 Invocation Opal Free
 Pledge Charlotte Edenfield
 Cares & Concerns

Roll Call/Minutes/Secretary's Report
 Dene' Dixon

Treasurers Report: Lucretia Thomas

President-Elect's Report:
 Bridget Dervish-Gonzalez

Communications Not Requiring Action:
 Dene' Dixon

Summary of Executive Board Actions:
 Dene' Dixon

Reports of Division Activity:
 Club Operations - Agatha Muse-Salters
 Fund Raising- LaKecia Watson
 Projects/Youth - Dene' Dixon

Reports of Special Committees

Unfinished Business

Recommendations from Board Requiring Action:

1. Amendment to 2002-2003 Budget
2. Ratification of Reinvestment of CD
3. Adoption of Plans of Work
4. Adoption of 2003-2004 Budget
5. Changes to Regular Meeting Schedule

Other New Business
 Announcements
 Adjournment

MARK YOUR CALENDARS



Executive Board

July 28, 2003 @ 6:00 P.M.

Jane Furlong's Board Room

Deck Chatter Deadline

July 28, 2003

Submit to Agatha Muse-Salters

Next Business Meeting

August 4, 2003

Ryans Steakhouse

Next Program Meeting

August 18, 2003

Ryans Steakhouse

PROGRAM MEETING

Please submit all recommendations and/or suggestions for program meetings to Bridget Dervish-Gonzalez @ 907-9519 or email at gonzo126@earthlink.net.

CLUB FACT CORNER

Contact: Jane Furlong, President
 P. O. Box 4104; Tallahassee, FL 32315; (850) 386-2193 (W) 850 224-9500 (H) williamfurlong@earthlink.net

Meeting Dates & Times: 1st & 3rd
 Monday of each month (11:30 A.M.)
 Ryan's Steakhouse, Mahan Drive

Focus: Brain related disorders & Brain Safety; Youth Projects; & Pilot Scholarship Houses

PROGRAM MEETING MINUTES
July 7, 2003

President Jane Furlong called the meeting to order at 11:55 a.m. at Ryan's Family Steakhouse.

Chaplain Opal Free provided the invocation and President Jane Furlong led the pledge.

Secretary Dene' Dixon introduced the guest speaker, Pat Pieratte from the Department of Transportation Safety Office. Ms. Pieratte provided the Club an overview of the programs administered by the Safety Office. She explained that their office provides safety grants, including but not limited to, traffic congestions, helmets for bicycles and pedestrian crossings, to nonprofit organizations and governmental entities. She said that she would happily provide the Club with contacts regarding brain injury organizations and grantees that receive grant monies for helmets.

President Jane Furlong announced the Executive Board meeting for July 14, 2003 at 6:00 p.m. and Business meeting for July 21, 2003.

The meeting was adjourned at 12:52 p.m.

Respectfully submitted,
Dene' Dixon
Secretary

PILOT TRIVIA



JULY TRIVIA QUESTION ANSWER

QUESTION: Who had a 68th birthday on June 10?
ANSWER: PC of Tallahassee was chartered June 10, 1935

AUGUST TRIVIA QUESTION

QUESTION: Who wrote the Anchor Creed?
HINT: She was a member of the PC of Tallahassee and President in the 70's.

NOTE: (Look for the answer in August Edition of the Deck Chatter.)



2003 - 2004 DISTRICT OFFICERS

THEME:

"Soaring Beyond Expectations"

Judy Vendrick, Governor
Pilot Club of Greater Tampa

Ann Freeman, Governor-Elect
Pilot Club of Fort Pierce

Judy Finch, Northwest Lt. Gov.
Pilot Club of Panama City

Lavell Mount, Northeast Lt. Gov.
Pilot Club of Gainesville

Shearer Kennedy, East Central Lt. Gov.
Pilot Club of Space Coast

Ann Roberts, West Central Lt. Gov.
Pilot Club of Plant City

Carolyn Dill-Collier, South east Lt. Gov.
Pilot Club of St. Lucie County

Betty Simpson, Southwest Lt. Gov.
Pilot Club of Ft. Myers Beach

Shirley Jacques, Secretary
Pilot Club of Pensacola

Charlotte Edenfield, Treasurer
Pilot Club of Tallahassee

EVERYTHING YOU WANTED TO KNOW ABOUT PILOT BUT WERE AFRAID TO ASK CORNER



PI - Abbreviation for our organization Pilot International, Inc.

PIF; PI FOUNDATION - Abbreviations for Pilot International Foundation, Inc., a public foundation established by Pilot International to further its humanitarian efforts through charitable, educational, scientific and research programs which support Pilot International's focus on brain related disorders. Contributions to the foundation are tax deductible.

DISTRICT - A group of Pilot Clubs in a geographic location designated by the

Board of Directors of PI Such clubs are under the supervision of the district officers. Our club is in the **FLORIDA DISTRICT**.

REGION - A District may be divided into regions, each with a regional lieutenant governor who supervises the clubs in the region under the general supervision of the district governor. We are in the **NORTHWEST REGION**. Our regional LT. Governor is **JUDY FINCH** from the Pilot Club of Panama City.

DAC - Abbreviation for District Administrative Council, which is composed of the District Governor, Governor-Elect, Secretary, and Treasurer. **CHARLOTTE EDENFIELD** of our club is the District Treasurer.

DEC - Abbreviation for District Executive Council, which is composed of the District Governor, Governor-Elect, LT. Governors Secretary, and Treasurer. Large districts are divided into regions and each region has a Lieutenant Governor who is elected by the Clubs in that Region. The DAC plus the Regional Lt. Governors form the DEC. The Florida District has six (6) regions.

COED - Clubs of Evolving Districts. Clubs in areas where there are not enough clubs in close proximity to form a district. Clubs in the Bahamas are COED Clubs.

HERITAGE GARDEN - Garden being created on the grounds of the historic Monroe-Goolsby Pilot House which houses the administrative offices of the Pilot International Foundation. Contributions to build the garden will create an endowment to be invested, with the earnings being used to fund grants and scholarships.

PRISM - Pilot Resources, Initiatives and Service to Members, a new business plan for Pilot International, districts, and clubs designed to take corrective measures to retain our values while instituting innovative ways to recruit, retain, and reclaim members. The plan focuses on using flexibility, common sense, and technology to achieve its goals, and is results oriented rather than process oriented. A PRISM task force has been appointed, with specialists at the international and district levels charged with working with clubs to achieve these goals.

EVERYTHING YOU WANTED TO KNOW ABOUT PILOT BUT WERE AFRAID TO ASK CORNER

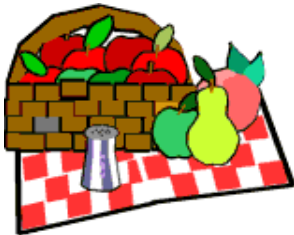


250 CLUB/250 DISTRICT - A club that has contributed at least \$250 to PIF during the past year; a district in which all clubs are 250 Clubs. Florida is a 250 District

OFFICIAL VISIT - (Sometimes called Friendship Visit) A visit to the club by the District Governor, Governor Elect, or regional Lt. Governor for the purpose of bringing the latest information regarding Pilot to the members and helping clubs in any way possible. Our **official visitor** will be N.W. Regional Lt. Governor Judy Finch. Our **official visit** will be on **October 6th** this year.

FALL COUNCIL - A meeting of the Pilot clubs in the district, held at the discretion of the district. If held, it is the responsibility of each club to be represented. Emergency business may be transacted. This year Fall Council will be in **Tallahassee on October 30-November 1**.

RECIPE CORNER



Green Bean & Tomato Salad (4 to 6 servings)

1 pound fresh green beans, trimmed and cut in half
1-1/2 teaspoons salt, divided
4 large plum tomatoes, cut into chunks
1/4 cup chopped fresh basil
2 tablespoons extra-virgin olive oil
1 tablespoon fresh lemon juice

Place the green beans in a large saucepan. Add 1 teaspoon salt and enough water to cover the beans. Bring to a boil over high heat, and cook, covered, for 6 to 8 minutes, or until tender; drain well. Meanwhile, in a salad bowl, combine the tomatoes, basil, olive oil, lemon juice, and the remaining 1/2 teaspoon salt; mix well. Add the drained green beans, and toss. Serve immediately at room temperature, or cover and chill until ready to serve.

Balsamic Chicken (2 Servings)

1 teaspoon olive oil
3/4 cup chopped onion
4 cloves garlic, sliced
2 (4-ounce) skinless boneless chicken breast halves
1 cup sliced green bell pepper
1/2 cup balsamic vinegar
1/4 cup sliced mushrooms
1 teaspoon dried Italian seasoning
1 (14-ounce) can diced tomatoes, undrained
1 cup hot cooked brown rice

1. Heat the oil in a large skillet over medium-high heat.
2. Add onion and garlic; saute 3 minutes.
3. Add chicken; cook 4 minutes on each side or until browned.
4. Add bell pepper and next 4 ingredients (bell pepper through tomatoes).
5. Reduce heat to medium low; cook 20 minutes or until chicken is done.
6. Serve immediately over rice.

Calories: 376; Fat: 4 g; Protein: 32 g
Carbohydrates: 52 g; Fiber: 6 g
Cholesterol: 66 mg; Sodium: 355 mg

Low Fat Turkey Chili

1 yellow pepper, chopped
1 green pepper, chopped
1 red pepper, chopped
1 lb. ground turkey
1 medium size red onion, chopped
2 Tbsp. chili powder or to taste
1 Tbsp. seasoning salt
1 Tbsp. garlic powder or 3 cloves, crushed
1 1/2 Tbsp. olive or canola oil
2 12 oz. cans of black beans
1 20 oz. can of kidney beans
1 20 oz. can of pinto beans
1 20 oz. can tomato sauce
1 cup water

Caramelize the onions in the olive or canola oil with the garlic. Add the turkey (or beef for higher fat content) and seasoning salt. Brown. Just before the meat is all browned, add the peppers. Continue browning the meat until no pink is seen. Add the beans with the juices, tomato sauce, and water. Stir together and bring to a near boil. Add in chili power. If you want more of a kick, add 1 Tbsp. cayenne pepper, more if you like to sweat. Reduce the heat to a simmer. Cover the pot and let cook for 4 to 5 hours. To serve, try using 8 inch round sour dough loafs. Cut off the top and hollow out the remainder to use as your serving bowls. Top with shredded cheese of your choice.

FRIENDSHIP CORNER

A SIMPLE FRIEND AND REAL FRIEND

A simple friend has never seen you cry.

A real friend has shoulders soggy from your tears.

A simple friend doesn't know your parents' first names.

A real friend has their phone numbers in his address book.

A simple friend brings a bottle of wine to your party.

A real friend comes early to help you cook and stays late to help you clean.

A simple friend hates it when you call after he has gone to bed.

A real friend asks you why you took so long to call.

A simple friend seeks to talk with you about your problems.

A real friend seeks to help you with your problems.

A simple friend wonders about your romantic history.

A real friend could blackmail you with it.

A simple friend, when visiting, acts like a guest.

A real friend opens your refrigerator and helps himself.

A simple friend thinks the friendship is over when you HAVE an argument.

A real friend knows that it's not a friendship until after you've had a fight.

A simple friend expects you to always be there for them.

A real friend expects to always be there for you!